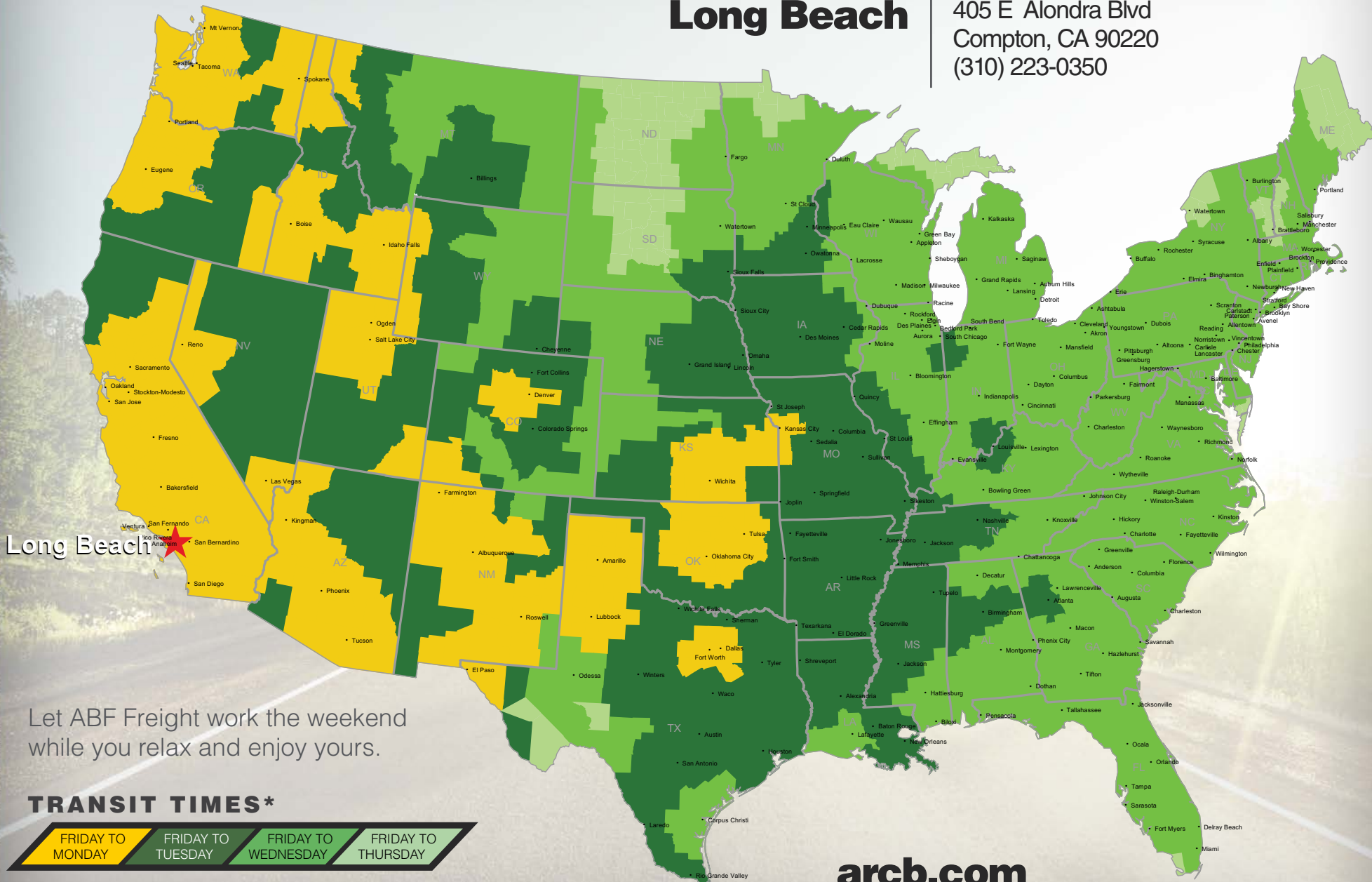


### Long Beach

405 E Alondra Blvd  
Compton, CA 90220  
(310) 223-0350



Long Beach

Let ABF Freight work the weekend while you relax and enjoy yours.

#### TRANSIT TIMES\*

FRIDAY TO MONDAY	FRIDAY TO TUESDAY	FRIDAY TO WEDNESDAY	FRIDAY TO THURSDAY
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\*Map graphically represents outbound transit times to service centers and is for illustrative purposes only. For a specific transit request, visit [arcb.com](http://arcb.com) or contact your account manager.

[arcb.com](http://arcb.com)

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