FOR IMMEDIATE RELEASE

ARKANSAS BEST CORPORATION ANNOUNCES IMPROVED FOURTH QUARTER AND FULL YEAR 2010 RESULTS

(Fort Smith, Arkansas, February 3, 2011) – Arkansas Best Corporation (Nasdaq: ABFS) today announced a fourth quarter 2010 net loss of \$3.1 million, or \$0.12 per share, compared to a fourth quarter 2009 net loss of \$88.7 million, or \$3.54 per share. The fourth quarter 2009 results included charges for goodwill impairment of \$2.55 per share and supplemental pension settlements of \$0.11 per share. Excluding those charges, Arkansas Best had a fourth quarter 2009 net loss of \$22.1 million, or \$0.88 per share.

"Arkansas Best's fourth quarter and full year results compared to last year reflect improvement associated with increased business levels and an LTL pricing environment that began improving in the fall," said Judy R. McReynolds, Arkansas Best President and Chief Executive Officer. "The progress we have made this year is evidence of our team's diligence in maintaining our core principles of selling value and delivering it safely and efficiently. Our steady management and consistent actions have put us in a better position for the future. As we move into a new year we must work hard to achieve our goal of returning to healthy profitability levels through consistent business growth and improved account pricing."

Arkansas Best Corporation

Results of Operations

Fourth Quarter 2010

- Revenue of \$441.1 million, a per day increase of 18.7% over the prior year quarter of \$371.6 million
- Net loss of \$0.12 per share compared to a net loss of \$0.88 per share, excluding goodwill impairment and pension settlement charges, in the prior year quarter
- Includes \$0.05 per share costs for legal and advisory fees associated with ABF's union contract and litigation compared to prior year fourth quarter legal costs of \$0.01 per share
- Includes \$0.04 per share alternative fuels tax credit benefit on ABF's use of propane compared to prior year quarter alternative fuels tax credit of \$0.01 per share

Full Year 2010

- Revenue of \$1.66 billion, a per-day increase of 12.3% over 2009 revenue of \$1.47 billion
- Net loss of \$1.30 per share compared to a net loss of \$2.46 per share, excluding goodwill impairment and pension settlement charges, in 2009
- Includes \$0.12 per share costs for legal and advisory fees associated with ABF's union contract and litigation compared to prior year legal costs of \$0.02 per share
- Both 2010 and 2009 include a \$0.04 per share alternative fuels tax credit benefit on ABF's use of propane

Capital Expenditures

- Total net capital expenditures
 - 2010 \$42 million, including approximately \$31 million of revenue equipment
 - 2011 estimated range of \$65 million to \$85 million
 - The low-end of this range includes revenue equipment of approximately \$47 million. The increase compared to last year reflects planned purchases of 35 more tractors and 400 more trailers, most all of which are replacements. In addition, tractor and trailer unit costs have increased.
 - o The remainder of expected capital expenditures includes the costs of other equipment, real estate and technology.
 - o The high-end of this range reflects the flexibility of adding more trailers as business levels dictate.
- Depreciation and amortization
 - 2010 \$72 million
 - 2011 estimated range of \$70 million to \$75 million

ABF Freight System, Inc.®

Results of Operations

Fourth Quarter 2010

- Revenue of \$410.9 million compared to \$347.7 million in fourth quarter 2009, a per-day increase of 18.2%
- Tonnage per day increase of 14.8% versus fourth quarter 2009
- Total billed revenue per hundredweight of \$24.15 compared to \$23.58 in fourth quarter 2009, an increase of 2.4%. This measure increased 3.3% compared to the third quarter 2010 figure of \$23.38.
- Operating loss of \$7.4 million compared to an operating loss of \$32.4 million, excluding goodwill impairment and pension settlement charges, in fourth quarter 2009

- Operating ratio of 101.8% compared to an operating ratio of 109.3%, excluding goodwill impairment and pension settlement charges, in fourth quarter 2009
- Costs for legal and advisory fees associated with ABF's union contract and litigation increased the operating ratio by 0.5% compared to a 0.1% increase in the prior year fourth quarter

Full Year 2010

- Revenue of \$1.53 billion compared to \$1.38 billion in 2009, a per-day increase of 10.5%
- Tonnage per day increase of 11.2% versus 2009
- Total billed revenue per hundredweight of \$23.68 compared to \$23.81 in 2009, a decrease of 0.5%
- Operating loss of \$58.1 million compared to a 2009 operating loss of \$99.9 million, after excluding goodwill impairment and pension settlement charges
- Operating ratio of 103.8% compared to an operating ratio of 107.2%, excluding goodwill impairment and pension settlement charges in 2009
- Costs for legal and advisory fees associated with ABF's union contract and litigation increased the operating ratio by 0.3% compared to a 0.1% increase in the prior year

"During the 2010 period of modest economic improvement, ABF experienced year-over-year increases in monthly tonnage, even as prior year comparisons became more challenging," said Ms. McReynolds. "This improvement resulted from the efforts of ABF employees in providing a superior level of service to both existing customers and customers who were new to ABF. In addition, some level of pricing rationality has returned to the LTL marketplace. Several positive signs indicate that industry pricing is improving and is moving toward a more appropriate level. At the beginning of October, ABF implemented a general rate increase of 5.9%, the second general rate increase of 2010. Through the end of January 2011, this October general rate increase was holding well, thus positively influencing ABF's revenue and its bottom line. In addition, ABF is benefiting from its consistent approach to account pricing as shippers once again seek the superior value that we offer," said Ms. McReynolds.

Legal Update

As previously announced, on January 18, 2011, ABF filed a notice of appeal to the U.S. Court of Appeals for the Eighth Circuit regarding a December 20, 2010 decision dismissing, for lack of subject matter jurisdiction, a lawsuit filed by ABF in November 2010. ABF's lawsuit was filed against the International Brotherhood of Teamsters ("IBT") and various other parties seeking to declare modifications to the National Master Freight Agreement ("NMFA") null and

void and seeking payment for damages associated with three modifications of the NMFA that were exclusively granted to the YRC subsidiaries in 2009 and 2010. Approximately 75% of ABF's employees are covered under the NMFA. ABF believes it is an equal signatory to the NMFA which, as a national collective bargaining agreement, is designed to establish a single national standard for wages and other employment terms for all employers who are parties to the agreement.

In response to motions filed by the parties, the Eighth Circuit has issued a revised briefing schedule. ABF's opening appellant brief is due to the court on February 18.

Conference Call

Arkansas Best Corporation will host a conference call with company executives to discuss the 2010 fourth quarter and full year results. The call will be today, Thursday, February 3, at Noon ET (11:00 a.m. CT). Interested parties are invited to listen by calling (800) 268-2160. Following the call, a recorded playback will be available through the end of the day on February 17, 2011. To listen to the playback, dial (800) 633-8284 or (402) 977-9140 (for international callers). The conference call ID for the playback is 21506894. The conference call and playback can also be accessed, through February 28, 2011, on Arkansas Best's Web site at arkbest.com.

Company Description

Arkansas Best Corporation, headquartered in Fort Smith, Arkansas, is a transportation holding company. ABF Freight System, Inc., Arkansas Best's largest subsidiary, has been in continuous service since 1923. ABF provides transportation of less-than-truckload ("LTL") general commodities throughout North America. More information is available at arkbest.com and abf.com.

Forward-Looking Statements

The following is a "safe harbor" statement under the Private Securities Litigation Reform Act of 1995: Statements contained in this press release that are not based on historical facts are "forward-looking statements." Terms such as "anticipate," "believe," "estimate," "expect," "forecast," "intend," "plan," "predict," "prospects," "scheduled," "should," "would," and similar expressions and the negatives of such terms are intended to identify forward-looking statements. Such statements are by their nature subject to uncertainties and risk including, but not limited to, recessionary economic conditions; competitive initiatives, pricing pressures and

effect of volatility in fuel prices and the associated changes in fuel surcharges on securing increases in base freight rates, the impact of any limitations on our customers' access to adequate financial resources; availability and cost of capital; shifts in market demand; weather conditions; the performance and needs of industries served by Arkansas Best Corporation's subsidiaries; future costs of operating expenses such as fuel and related taxes; self-insurance claims and insurance premium costs; relationships with employees, including unions; union and non-union employee wages and benefits, including changes in required contributions to multiemployer pension plans; governmental regulations and policies; future climate change legislation; costs of continuing investments in technology; the timing and amount of capital expenditures; the cost, integration and performance of any future acquisitions; and other financial, operational and legal risks and uncertainties detailed from time to time in Arkansas Best Corporation's Securities and Exchange Commission ("SEC") public filings.

The following tables show financial data and operating statistics on Arkansas Best Corporation and its subsidiary companies.

ARKANSAS BEST CORPORATION CONSOLIDATED STATEMENTS OF OPERATIONS

	Т	hree Mo Decen				Year l Decem		
-		2010	2	2009		2010		2009
_	(Un	audited)				audited)		Note
		(\$:	thousan	ds, except s	share a	nd per share	data)	
OPERATING REVENUES	\$	441,096	\$ 3	371,631	\$1,	657,864	\$1,	472,901
OPERATING EXPENSES AND COSTS ⁽¹⁾		447,790	2	172,201	1,	712,409	1,	641,607
OPERATING LOSS		(6,694)	(1	100,570)		(54,545)	(168,706)
OTHER INCOME (EXPENSE)								
Interest and dividend income		274		454		1,194		2,853
Interest expense and other related financing costs		(999)		(1,348)		(2,852)		(2,389)
Other, net		848		379		2,406		2,724
		123		(515)		748		3,188
LOSS BEFORE INCOME TAXES		(6,571)	(1	101,085)		(53,797)	(165,518)
FEDERAL AND STATE INCOME TAXES ⁽²⁾								
Current provision (benefit)		1,281		(7,540)		(9,919)		(33,054)
Deferred benefit		(4,735)		(4,873)		(11,457)		(4,942)
		(3,454)		(12,413)		(21,376)		(37,996)
NET LOSS		(3,117)		(88,672)		(32,421)	(127,522)
LESS: NONCONTROLLING INTEREST IN								
NET INCOME (LOSS) OF SUBSIDIARY		(8)		44		272		367
NET LOSS ATTRIBUTABLE TO								
ARKANSAS BEST CORPORATION	\$	(3,109)		(88,716)		(32,693)	(127,889)
LOSS PER SHARE								
Basic	\$	(0.12)	\$	(3.54)	\$	(1.30)	\$	(5.12)
Diluted		(0.12)		(3.54)		(1.30)		(5.12)
AVERAGE COMMON SHARES OUTSTANDING	25	222.007	25.	NE 4 200	25	105 533	25	050 202
Basic		223,986 223,986		054,389		187,723		,052,303
Direct	45,	443,980	25,0)54,389	45,	187,723	23,	,032,303
CASH DIVIDENDS DECLARED PER COMMON SHARE	\$	0.03	\$	0.15	\$	0.12	\$	0.60
CLUL DI LIDE DE DE L'ARTE	Ψ	0.00	Ψ	0.15	Ψ	V.12	Ψ	0.00

Note: The income statement for the year ended December 31, 2009 has been derived from the audited financial statements at that date but does not include all of the information and footnotes required by generally accepted accounting principles for complete financial statements.

The three months and year ended December 31, 2009 include a \$64.0 million goodwill impairment charge.
 Effective tax benefit rates for the three months and year ended December 31, 2009 were impacted by the goodwill impairment charge which is not tax deductible.

ARKANSAS BEST CORPORATION CONSOLIDATED BALANCE SHEETS

	December 31 2010 (Unaudited) (\$\\$\$ thousands, ex		December 31 2009 Note except share data)		
ASSETS					
CURRENT ASSETS					
Cash and cash equivalents	\$	102,578	\$	39,332	
Short-term investment securities		39,288		93,861	
Restricted cash equivalents and short-term investments		51,661		50,857	
Accounts receivable, less allowances (2010 – \$3,944; 2009 – \$3,470)		145,426		115,459	
Other accounts receivable, less allowances (2010 – \$1,254; 2009 – \$1,149)		8,157		6,749	
Prepaid expenses		10,258		10,390	
Deferred income taxes		32,681		39,035	
Prepaid and refundable income taxes		3,958		24,726	
Other		5,677		4,333	
TOTAL CURRENT ASSETS		399,684		384,742	
PROPERTY, PLANT AND EQUIPMENT					
Land and structures		243,981		240,185	
Revenue equipment		530,424		514,481	
Service, office and other equipment		163,732		157,885	
Leasehold improvements		21,890		21,839	
		960,027		934,390	
Less allowances for depreciation and amortization		552,781		505,538	
		407,246		428,852	
OTHER ASSETS		54,021		55,952	
	\$	860,951	\$	869,546	

Note: The balance sheet at December 31, 2009 has been derived from the audited financial statements at that date but does not include all of the information and footnotes required by generally accepted accounting principles for complete financial statements.

	December 31 2010		Dec	cember 31 2009
_		naudited)		Note
	(are data)		
LIABILITIES AND STOCKHOLDERS' EQUITY				
CURRENT LIABILITIES				
Bank overdraft and drafts payable	\$	13,023	\$	21,941
Accounts payable		62,134		59,386
Income taxes payable		196		826
Accrued expenses		144,543		150,799
Current portion of long-term debt		14,001		3,603
TOTAL CURRENT LIABILITIES		233,897		236,555
LONG-TERM DEBT, less current portion		42,657		13,373
PENSION AND POSTRETIREMENT LIABILITIES		65,421		67,445
OTHER LIABILITIES		19,827		20,254
DEFERRED INCOME TAXES		19,405		31,023
STOCKHOLDERS' EQUITY				
Common stock, \$0.01 par value, authorized 70,000,000 shares;				
issued 2010: 26,934,847 shares; 2009: 26,749,265 shares		269		267
Additional paid-in capital		281,169		274,663
Retained earnings		292,129		327,948
Treasury stock, at cost, 1,677,932 shares		(57,770)		(57,770)
Accumulated other comprehensive loss		(36,053)		(44,212)
TOTAL STOCKHOLDERS' EQUITY		479,744		500,896
	\$	860,951	\$	869,546

Note: The balance sheet at December 31, 2009 has been derived from the audited financial statements at that date but does not include all of the information and footnotes required by generally accepted accounting principles for complete financial statements.

		Year Decem		
_		2010		2009
	(U	naudited)		Note
ODED A TIME A CTIVITIES		(\$ tho	usands)	
OPERATING ACTIVITIES	Φ	(22, 421)	¢	(127.522)
Net loss	\$	(32,421)	\$	(127,522)
· ·				
provided by operating activities: Depreciation and amortization		71 565		75 226
		71,565		75,226
Other amortization		267		1,278
Goodwill impairment charge		_ 4 5 0		63,958
Pension settlement expense		178		4,588
Share-based compensation expense		5,690		6,157
Provision for losses on accounts receivable		868		2,587
Deferred income tax benefit		(11,457)		(4,942)
Gain on sales of assets		(981)		(1,409)
Changes in operating assets and liabilities:				
Receivables		(32,211)		(3,735)
Prepaid expenses		144		429
Other assets		(1,568)		790
Income taxes ⁽¹⁾		21,016		(7,251)
Accounts payable, accrued expenses and other liabilities		5,197		1,636
NET CASH PROVIDED BY OPERATING ACTIVITIES		26,287		11,790
INVESTING ACTIVITIES Purchases of property, plant and equipment, net of capital leases ⁽²⁾		(11,422) 5,879 (65,171) 119,744 - (4,355)		(48,044) 4,913 (109,806) 133,800 (4,873) (5,176)
NET CASH PROVIDED BY (USED IN) INVESTING ACTIVITIES		44,675		(29,186)
FINANCING ACTIVITIES				
Payments on long-term debt		(8,077)		(1,433)
Proceeds from issuance of long-term debt		11,416		14,958
Net change in bank overdraft		(8,918)		6,752
Change in restricted cash equivalents and short-term investments		(804)		(48,558)
		(35)		(817)
Deferred financing costs		(3,126)		(15,523)
•				
Proceeds from the exercise of stock options and other		1,828		469
NET CASH USED IN FINANCING ACTIVITIES		(7,716)		(44,152)
NET INCREASE (DECREASE) IN CASH AND CASH EQUIVALENTS		63,246		(61,548)
Cash and cash equivalents at beginning of period		39,332		100,880
Cash and cash equivalents at beginning of beriod		J/.JJ		100,000

^{(1) 2010} includes \$30.8 million in net federal and state income tax refunds.

Note: The cash flow statement for the year ended December 31, 2009 has been derived from the audited financial statements at that date but does not include all of the information and footnotes required by generally accepted accounting principles for complete financial statements.

⁽²⁾ Non-cash acquisitions of revenue equipment (primarily road tractors and trailers used in ABF's operations) through capital lease financing totaled \$36.3 million for the year ended December 31, 2010.

ARKANSAS BEST CORPORATION FINANCIAL STATEMENT OPERATING SEGMENT DATA AND OPERATING RATIOS

		Three Months Ended December 31										
		2010			2009			2010	December		2009	
		Unaudited)		-	(Unaudited)		(1	Unaudited)			Note	
					((\$ thou						
OPERATING REVENUES						(.	•					
ABF Freight System, Inc. (1)	\$	410,858		\$	347,738		\$ 1	1,533,242		\$	1,384,419	
Other revenues and	Ψ	120,020		Ψ	0.7,700		Ψ.	-,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Ψ	1,00.,.15	
eliminations		30,238			23,893			124,622			88,482	
Total consolidated		·										
operating revenues	\$	441,096		\$	371,631		\$ 1	1,657,864		\$	1,472,901	
OPERATING EXPENSES A	ND	COSTS										
ABF Freight System, Inc. (1)												
Salaries, wages and												
benefits	\$	260,115	63.3%	\$	243,865	70.1%	\$ 1	1,004,974	65.5%	\$	970,523	70.1%
Fuel, supplies and expenses		70,610	17.2		59,714	17.2		263,296	17.2		221,732	16.0
Operating taxes and												
licenses		11,101	2.7		10,657	3.1		43,539	2.8		42,314	3.1
Insurance		3,774	0.9		4,308	1.2		18,755	1.2		20,356	1.5
Communications and		2.660	0.0		2.404	1.0		14.650	1.0		1.4.202	1.0
utilities		3,669	0.9		3,404	1.0		14,678	1.0		14,393	1.0
Depreciation and amortization		17,150	4.2		18.071	5.2		68,848	4.5		72,180	5.2
Rents and purchased		17,130	4.2		16,071	3.2		00,040	4.3		72,100	3.2
transportation		49,215	12.0		39,007	11.2		169,986	11.1		136,826	9.9
Gain on sale of property		47,210	12.0		37,007	11.2		100,000	11,1		130,020	7.7
and equipment		(840)	(0.2)		(197)	(0.1)		(1,338)	(0.1)		(1,412)	(0.1)
Pension settlement		, ,			. ,	` /			, ,			, ,
expense		_	-		4,430	1.3		178	_		4,588	0.4
Other		3,497	0.8		1,331	0.4		8,597	0.6		7,426	0.5
Goodwill impairment					* * 0 * 0	40.4						
charge					63,958	18.4		-			63,958	4.6
		418,291	101.8%		448,548	129.0%]	1,591,513	103.8%		1,552,884	112.2%
O4b												
Other expenses and eliminations		29,499			23,653			120,896			88,723	
eminations		29,499			23,033			120,070			00,723	
Total consolidated operating												
expenses and costs	\$	447,790		\$	472,201		\$ 1	1,712,409		\$	1,641,607	
expenses and costs	Ψ	111,170		Ψ	172,201		Ψ	1,712,107		Ψ	1,011,007	
OPERATING INCOME (LO	SS)											
ABF Freight System, Inc. (1)		(7,433)		\$	(100,810)		\$	(58,271)		\$	(168,465)	
Other income (loss) and	~	(.,)		Ψ	(,010)		+	(, - -)		4	(, .00)	
eliminations		739			240			3,726			(241)	
Total consolidated								•				
operating loss	\$	(6,694)		\$	(100,570)		\$	(54,545)		\$	(168,706)	

⁽¹⁾ Includes U.S., Canadian, and Puerto Rican operations of ABF affiliates.

Note: The operating segment data and operating ratios for the year ended December 31, 2009 has been derived from the audited financial statements at that date but does not include all of the information and footnotes required by generally accepted accounting principles for complete financial statements.

ARKANSAS BEST CORPORATION RECONCILIATIONS OF GAAP TO NON-GAAP FINANCIAL MEASURES

	Three Months Ended Year E December 31 December							
		2010		2009		2010		2009
			(\$ th	(Unau housands, exce				
ABF Freight System, Inc.								
Operating Income (Loss) Amounts on a GAAP basis	\$	(7,433)	\$	(100,810)	\$	(58,271)	\$	(168,465)
Goodwill impairment charge, pre-tax and		, , ,		, , ,		` , ,		, , ,
after-tax are the same		-		63,958		_		63,958
Pension settlement expense, pre-tax		_		4,430		178		4,588
Non-GAAP amounts	\$	(7,433)	\$	(32,422)	\$	(58,093)	\$	(99,919)
Operating Ratio								
Amounts on a GAAP basis		101.8%		129.0%		103.8%		112.2%
after-tax are the same		_		18.4		_		4.6
Pension settlement expense, pre-tax		_		1.3		_		0.4
Non-GAAP amounts		101.8%		109.3%		103.8%		107.2%
Operating Income (Loss) Amounts on a GAAP basis	\$	(((04)	Φ.	(100,570)	ф			
Goodwill impairment charge, pre-tax and	Ψ	(6,694)	\$	(100,570)	\$	(54,545)	\$	(168,706)
Goodwill impairment charge, pre-tax and after-tax are the same	Ψ	(0,094) –	\$	63,958	\$	_	\$	63,958
Goodwill impairment charge, pre-tax and after-tax are the same Pension settlement expense, pre-tax		- -	·	63,958 4,430	•	- 178	·	63,958 4,588
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(6,694)	\$	63,958	\$	_	\$	63,958
Goodwill impairment charge, pre-tax and after-tax are the same		- -	·	63,958 4,430	•	- 178	·	63,958 4,588
Goodwill impairment charge, pre-tax and after-tax are the same		- -	·	63,958 4,430	•	- 178	·	63,958 4,588 (100,160)
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(6,694)	\$	63,958 4,430 (32,182) (88,716)	\$	178 (54,367)	\$	63,958 4,588 (100,160) (127,889)
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(6,694)	\$	63,958 4,430 (32,182) (88,716) 63,958	\$	178 (54,367) (32,693)	\$	63,958 4,588 (100,160) (127,889) 63,958
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(6,694)	\$	63,958 4,430 (32,182) (88,716)	\$	178 (54,367)	\$	63,958 4,588 (100,160) (127,889)
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(3,109)	\$	63,958 4,430 (32,182) (88,716) 63,958 2,692	\$	178 (54,367) (32,693)	\$	63,958 4,588 (100,160) (127,889) 63,958 2,788
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(3,109)	\$	63,958 4,430 (32,182) (88,716) 63,958 2,692 (22,066)	\$	178 (54,367) (32,693) - 108 (32,585)	\$	63,958 4,588 (100,160) (127,889) 63,958 2,788 (61,143)
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(3,109)	\$	63,958 4,430 (32,182) (88,716) 63,958 2,692	\$	178 (54,367) (32,693)	\$	63,958 4,588 (100,160) (127,889) 63,958 2,788
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(3,109)	\$	63,958 4,430 (32,182) (88,716) 63,958 2,692 (22,066)	\$	178 (54,367) (32,693) - 108 (32,585)	\$	63,958 4,588 (100,160) (127,889) 63,958 2,788 (61,143)
Goodwill impairment charge, pre-tax and after-tax are the same	\$	(3,109)	\$	63,958 4,430 (32,182) (88,716) 63,958 2,692 (22,066)	\$	178 (54,367) (32,693) - 108 (32,585)	\$	63,958 4,588 (100,160) (127,889) 63,958 2,788 (61,143)

Non-GAAP Financial Measures. The company reports its financial results in accordance with generally accepted accounting principles ("GAAP"). However, management believes that certain non-GAAP performance measures and ratios utilized for internal analysis provide financial statement users meaningful comparisons between current and prior period results, as well as important information regarding performance trends. Certain information discussed in the scheduled conference call could be considered non-GAAP measures. Non-GAAP financial measures should be viewed in addition to, and not as an alternative for, the company's reported results.

	Three Mont <u>2010</u>						Ended Decen <u>2009</u>	nber 31 <u>% Change</u>
Workdays	61	.5		61.5	(Una	audited) 252.0	251.5	
Billed Revenue (1) / CWT	\$ 24. 1	5	\$	23.58	2.4%	\$ 23.68	\$ 23.81	(0.5)%
Billed Revenue (1) / Shipment	\$ 352.4	4	\$	322.62	9.2%	\$ 339.13	\$ 314.83	7.7%
Shipments	1,155,72	26	1	,073,794	7.6%	4,522,325	4,396,293	2.9%
Shipments / Day	18,79	2		17,460	7.6%	17,946	17,480	2.7%
Tonnage (tons)	843,20	66		734,608	14.8%	3,237,776	2,907,163	11.4%
Tons/Day	13,71	12		11,945	14.8%	12,848	11,559	11.2%

⁽¹⁾ Billed Revenue does not include revenue deferral required for financial statement purposes under the company's revenue recognition policy.

Includes U.S., Canadian and Puerto Rican operations of ABF affiliates.

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END OF RELEASE