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Investor Relations Contact: David Humphrey
Title: Vice President – Investor Relations
Phone: 479-785-6200
Email: dhumphrey@arcb.com

Media Contact: Kathy Fieweger
Phone: 479-719-4358
Email: kfieweger@arcb.com

ArcBest Corporation® Chairman, President and CEO Judy R. McReynolds Honored as One of Top 25 2016 Most Influential Women in the Mid-Market

- McReynolds honored for second consecutive year following 2015's release of inaugural list
- FORT SMITH, Arkansas, August 1, 2016 — [ArcBest Corporation®](http://www.arcb.com) (Nasdaq: ARCB) today announced that Chairman, President and CEO Judy R. McReynolds has been named as one of Top 25 2016 Most Influential Women of the Mid-Market by CEO Connection®, the only membership organization exclusively for mid-market CEOs, for the second consecutive year.

This list recognizes the top 25 women in the U.S. based on their ability to influence change, innovation, and standards for excellence in companies with annual sales between \$100 million and \$3 billion.

"It's a great honor for me to be named to this list for the second year," said McReynolds. "At ArcBest, we work hard to bring solutions to complex logistics challenges and to connect with all of our stakeholders to make sure they understand The Skill and The Will® we bring to every interaction. Our dedicated people are known for going above and beyond as they live out our corporate vision 'We'll Find a Way' every day. In the last several years, we have significantly expanded the scope of the logistics and supply chain solutions we provide, which has been well-received by those looking to the ArcBest companies for expertise and excellent customer service."

The Top 25 Most Influential Women honorees are selected from a large pool of nominees after extensive research, and their biographies may be found at <http://www.midmarketratings.com/influential-women/>.

Honorees will be recognized at the 2016 Mid-Market Convention on September 18-21 at The Wharton School in Philadelphia. Referred to as the "Davos for the Mid-Market," this exclusive

global gathering features hundreds of CEOs, political leaders, business experts and presidential candidates.

“We are honored to be able to recognize such a prestigious group of women who have truly made an impact on their company and have given back to their community,” says Kenneth Beck, CEO of CEO Connection. “We have been recognizing CEOs through our Mid-Market 500 and Mid-Market 1000 lists and saw a need to recognize an underrepresented group within the mid-market, so we started the Most Influential Women's list.”

ABOUT ARCBEST

ArcBest Corporation® (Nasdaq: ARCB) solves complex logistics and transportation challenges. Our companies and brands — ABF Freight®, ABF Logistics®, Panther Premium Logistics®, FleetNet America®, U-Pack® and ArcBest Technologies — apply The Skill and The Will with every shipment and supply chain solution, household move or vehicle repair. ArcBest finds a way.

For more information, visit arcb.com, abf.com, pantherpremium.com, fleetnetamerica.com and upack.com. ArcBest Corporation®. The Skill & The Will®.

ABOUT CEO CONNECTION

[CEO Connection](#) is the ONLY membership organization in the world reserved exclusively for CEOs of mid-market companies – companies with between \$100 million and \$3 billion in annual revenue. Our mission is to help mid-market CEOs and their companies succeed. We accomplish this by connecting them to each other; connecting them to people, information and resources to which they would otherwise not have access; and promoting the interests, welfare, and perspective of the mid-market.

Inspired by C-level Wharton executives, CEO Connection began in 2005 and has evolved into a dynamic community with wide ranging benefits uniquely designed to help the mid-market CEO and champion the mid-market perspective.

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