

Media Contact: Kathy Fieweger Email: kfieweger@arcb.com

Phone: 479-719-4358

ArcBest Carrier ABF Freight Announces 2019 Load Team

• ABF honors exceptional dock workers from U.S. service centers

FORT SMITH, Arkansas, January 14, 2019 — <u>ArcBest</u>® (Nasdaq: ARCB), a leading logistics company with creative problem solvers who deliver integrated solutions, is pleased to announce that its less-than-truckload carrier ABF Freight® has selected members of the 2019 ABF Freight Load Team.

The ABF Freight Load Team is an elite group of freight-handling professionals from service centers throughout North America.

The 2019 ABF Freight Load Team members are: Jim Bavolacco, Stratford, Connecticut; Gordon English, Dallas, Texas; Jeffrey Fuller, Sacramento, California; John Gibson, Charleston, West Virginia; Eugene Gray, Memphis, Tennessee; Russell Holland, Fort Worth, Texas; Rich Jones, South Bend, Indiana; Gyah Kekula, Atlanta, Georgia; Johnny Ketelaar, Little Rock, Arkansas; Michael Krause, South Chicago, Illinois; Chris Martin, Dayton, Ohio; Stacy McKinsey, Norfolk, Virginia; Darrell Mielke, Albuquerque, New Mexico; Mike Meyer, Denver, Colorado; Adam Myers, Carlisle, Pennsylvania; Dan O'Connell, Omaha, Nebraska; Randall Ross, Kansas City, Missouri; Martin Ruiz, Salt Lake City, Utah; and Roy Word, Winston-Salem, North Carolina.

"Again this year, our Load Team members provided us with some great suggestions to improve our cargo handling, including some tips we intend to incorporate into our new hire training," said Andy Upchurch, ABF Freight vice president – Service Center Operations. "I could not be more pleased with the can-do, customer-driven attitude that this team exemplifies every day."

ABF Freight Load Team members are chosen based on their safety records, their involvement in the Quality Process, their personal integrity and their ability to load trailers in an optimal fashion. ABF Freight established its Load Team in 1994 to honor outstanding performance and draw upon dock employees' expertise regarding dock procedures, training and equipment. A new team is chosen annually.

ABOUT ARCBEST

ArcBest® (Nasdaq: ARCB) is a leading logistics company with creative problem solvers who deliver integrated solutions. We'll find a way to deliver knowledge, expertise and a can-do attitude with every shipment and supply chain solution, household move or vehicle repair. At ArcBest, we're More Than LogisticsSM. For more information, visit arcb.com.