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ArcBest Employee Training Program Recognized For 11th Consecutive Year

• Training magazine ranks ArcBest among top corporate programs

FORT SMITH, Arkansas, March 5, $2020 - \frac{\text{ArcBest}^{\$}}{\text{Instantion}}$ (Nasdaq: ARCB), a leading logistics company with creative problem solvers who deliver innovative solutions, is pleased to announce its employee training program placed 12^{th} among Training magazine's 2020 Top 125.

The ArcBest program appears on the list for the 11th consecutive year, and this is the fifth consecutive year it has been ranked in the top 25. In 2019, the program was ranked No. 19.

"At ArcBest, our team members and our values-driven culture are differentiators for us," said Erin Gattis, ArcBest chief human resources officer. "Every day, our employees make a difference for our customers, solve their challenges and provide a great experience. We are honored to be among the top 25 employee training programs for 2020 and to be recognized once again for our efforts at employee development."

One of ArcBest's core values is Growth, which states "We grow our people and our business." The company provides continued learning and development opportunities for employees at every level, including online modules, audio podcasts and a new virtual reality training series in addition to traditional, instructor-led courses.

Now in its 20th year, the Training Top 125 recognizes organizations that provide best-in-class employee training and development. The ranking is determined through the assessment of a range of qualitative and quantitative factors, including financial investment in employee development, the scope of development programs, how closely such efforts are linked to business goals and objectives, and their effectiveness in terms of business impact.

The 2020 awards were presented Feb. 24 during the Training Top 125 Reflections Gala in Orlando, Florida. The complete list of winners appears in the March/April 2020 edition of Training magazine and online at training mag.com.

ABOUT ARCBEST

ArcBest® (Nasdaq: ARCB) is a leading logistics company with creative problem solvers who deliver innovative solutions. We'll find a way to deliver knowledge, expertise and a can-do attitude with every shipment and supply chain solution, household move or vehicle repair. At ArcBest, we're More Than Logistics®. For more information, visit arcb.com.