

# President's Club 2025



THE RITZ-CARLTON

*The Ritz-Carlton, Naples*

**The Ritz-Carlton Spa, Naples**

**Spa Menu & Guidelines**

# ArcBest President's Club 2025

## Massage

**50 Min. Deep Muscle Massage** – Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Deep movements and stretching techniques concentrate on specific areas of concern and alleviate common discomforts and sports-related tension.

**50 Min. Stress Relief Massage** – Revive tired and fatigued muscles with this traditional massage using firm pressure to leave a feeling of revitalization and relaxation.

**50 Min. Relaxation Massage** – Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

**50 Min. Naturally Nurtured Massage** – Nurture and nourish body and skin when you need it most with this gentle, restorative and entirely tailored massage. Ideal for expectant mothers after the first trimester.

**50 Min. Tranquility for Two** – Customized massage shared with a loved one or friend.

## Body

**50 Min. Nourished Glow** – Reveal your smoothest, softest skin ever with this body exfoliation finishing with a deeply nourishing application of oil and personalized back massage. Includes full-body salt and oil exfoliation, back massage and oil application.

## Men

**50 Min. Muscle Recovery Massage** – Recharge your body with this powerful massage designed to alleviate deep-seated tension and muscular stress. Using deep movements and stretching techniques concentrated on specific areas of concern to relieve common discomforts and sports-related tension.

**50 Min. Power Hour** – Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens your senses, leaving you ready for anything. Includes full body salt & oil exfoliation, and back massage.

## Facials

**50 Min. Custom Facial** – Purify, hydrate, brighten and smooth your complexion with this expert facial that is tailored to your individual needs. Choose from Custom or Age-Defying Facial. Includes cleanse, skin analysis, facial exfoliation, massage, mask and scalp massage.

**50 Min. Vitamin C Facial** – Vitamin C brightens the skin, while stimulating collagen production. It strengthens elasticity and reduces fine lines, wrinkles, discoloration and age spots. Includes cleanse, skin analysis, facial exfoliation, mask and scalp massage

**50 Min. Hydra Facial** – The Hydra Facial is a non-invasive, non-surgical procedure that delivers instant results. This gentle resurfacing procedure provides cleansing, exfoliation, and hydration leaving your skin nourished and radiant. Includes Vortex-Fusion of antioxidants, peptides and hyaluronic acid.

**50 Min. The Men's Facial** – Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energized. Includes double cleanse, facial exfoliation, steam, and extraction, facial massage, mask, and scalp massage.

## Nail Care

**50 Min. Manicure** – Essential maintenance for hands. Includes soak, cut and file, cuticle work, application of hand cream, polish or buff.

**50 Min. Pedicure** – Maintain amazing results and keep nails in good condition with this conditioning treatment. Includes soak, nail file and shape, exfoliation, cuticle work, application of body cream, polish or buff.

**50 Min. Dazzle Dry Manicure** – This indulgent treatment provides long-lasting results with deeply nourishing products to repair, replenish and condition your nails. Includes soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin was, polish or buff.

**50 Min. Dazzle Dry Pedicure** – This indulgent treatment provides long-lasting results with deeply nourishing products to repair, replenish and condition your nails. Includes soak, cut and file, exfoliation, cuticle work, massage, personalized mask, paraffin was, polish or buff.



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## The Ritz-Carlton Spa, Naples

In this sanctuary of calm and tranquility, senses are indulged with botanical herbs, rich minerals and essential oils that come together to create an enticing selection of massages, facials and body treatments. The rejuvenating and healing waters of steam rooms, saunas, aqua lounges and outdoor mineral pool complete your spa experience.



## Spa Experience

- ❖ For your enhanced comfort and relaxation, please arrive 30 minutes prior to your scheduled treatment. This will allow you to relax in the lounge, dry sauna, and whirlpool and eucalyptus steam rooms. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure.
- ❖ Please leave valuable items in the safe in your guestroom. Otherwise, lockers are available for your personal items in The Spa.
- ❖ Shaving is not recommended for ladies prior to any body treatments. For men, shaving is recommended, but not necessary, prior to a facial. If you choose to shave prior to your facial, be sure to do so at least two hours prior to your appointment.
- ❖ Most body treatments are enjoyed without clothing; however, please wear whatever makes you comfortable. During all treatments, the body is fully draped, except for the area being worked on.
- ❖ Robes and slippers are provided in lockers in the ladies' and gentlemen's lounges before and after treatments.
- ❖ This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify your therapist of any discomforts or preferences. Cell phones are requested to be turned off in The Spa.
- ❖ Please notify your therapist if you have high blood pressure, allergies, any other physical ailments or disabilities, or if you are pregnant. If at any time during your services you experience discomfort, please alert your therapist immediately.