

**President's Club 2026**

THE  
**BROADMOOR**

**The Spa at The Broadmoor**

**Spa Menu & Guidelines**

# ArcBest President's Club 2026

## Massage Services

**50 Min. Swedish Massage** – The most familiar massage technique, this massage is designed for relaxation. Long, smooth strokes and light pressure to ease tired muscles.

**50 Min. Signature Massage** – The ultimate massage experience. A wonderful combination of smooth, flowing massage techniques will ensure complete relaxation from head to toe. This begins with an inhalation to calm and ground the body followed by a full body and scalp aromatherapy massage, concluding with your feet encompassed in warm towels and a soothing foot massage.

**50 Min. Deep Tissue Massage** – Perfect for the athlete or experienced Spa patron. A hearty and refreshing service that relieves areas of tension or pain. Calculated, firm pressure helps break down knots to improve muscle mobility.

**50 Min. Prenatal Massage** – Appropriate accommodations can be made for guests in the second or third trimester to ensure safety and comfort for both mother and child. Light to medium pressure and specific prenatal techniques are employed during this service. Massage will assist in relieving muscle pain and tension and reducing stress. Guests must be out of the first trimester to receive this service.

**50 Min. Bamboo Massage** – This advanced technique offers the best of both worlds. A unique way to provide Swedish massage and Deep Tissue massage in which therapists use heated bamboo sticks of different sizes to ensure your tailored care and comfort. Bamboo massage therapy offers a holistic approach and balances the body, brain and whole energy.

## Skin Care Therapies

**50 Min. Pure Facial** – A high performance organic and raw facial featuring cold-pressed ingredients that deliver nutrients, antioxidants, and minerals to the skin. Cold-pressed raw ingredients clarify, brighten, hydrate and soften fine lines and wrinkles. Suited for all skin types, leaving skin perfectly radiant and protected from environmental elements.

**50 Min. Timeless Facial** – With precise customization and specific products selected just for you, this facial will stand the test of time. This results-focused, restorative facial was built and created for all skin types. Skincare specialists perform a variety of techniques guaranteeing to leave the skin feeling soft, extremely hydrated and with a beautiful glow.

**50 Min. Organic Men's Facial** – Customized for your skin, this facial harmonizes and calms skin with luxurious cold pressed ingredients, citrus essence, and botanical extracts. An emulsion of hemp seed oil, grape seed oil and immortal oil is layered onto skin to strengthen and repair its barrier leaving skin calm and nourished, while actively fighting environmental aggressors.

## Nail Therapies

**50 Min. Signature Manicure** – Your manicure includes traditional nail and cuticle care followed by a deep hydration mask to deliver vital nutrients back into tired hands, followed by a soothing hand massage to lock in moisture and ease tensions. The ideal choice of polish completes your service.

**50 Min. Signature Spa Pedicure** – Elevate your pedicure to a whole new level of relaxation. Immerse your feet in a luxurious foot soak before you ease into zero gravity; then select a customized aromatherapy blend that is optimal for you, generating the perfect salt and sugar scrub to ensure extra exfoliation. Then, envelop your feet in an eco-friendly paraffin wax that locks in moisture, wrap them in warm towels, and conclude with a foot and calf massage. Finally, complete your personalized care with a beautiful polish of your choice.

**35 Min. Men's Manicure** – Traditional nail and cuticle care followed by hand exfoliation and soothing massage. Concludes with a high buff shine, or polish of your choice.

**50 Min. Basic Pedicure** – For the habitual Spa enthusiast, the Basic Pedicure service includes extended foot soak, nail and cuticle care, minimal callous care, luxurious foot massage with shea butter cream and color of choice.

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## The Spa at The Broadmoor

The Forbes Travel Guide Five-Star Spa at The Broadmoor follows the footsteps of its founders, Spencer and Julie Penrose, who traveled the world to create an oasis of culture in Colorado Springs. Their skilled spa practitioners honor this tradition with restorative treatments that are tailored to address the unique needs and wellness goals of every guest in a luxurious yet serene setting.



## Spa Experience

- ❖ The Spa is located on the 3rd floor of the Golf Club building, at the southeast corner of the resort.
- ❖ Please arrive 30 minutes prior to appointment time to take full advantage of the spa amenities. Appointments begin promptly at the time scheduled. If you arrive late, the appointment is shortened to allow the technician to be on time for the next session.
- ❖ The Broadmoor Spa offers a steam room, sauna, oxygen room and lounge that are gender specific as well as the co-ed Mountain View Room and Terrace that overlooks The Broadmoor's golf courses. These amenities are complimentary with scheduled spa service.
- ❖ Please advise our staff of any special requests, sensitivities, allergies, if you are nursing, taking any medications or have a special medical condition. For certain medical conditions, it is recommended that you check with your physician before visiting the Spa.
- ❖ Robes and slippers are provided in lockers in the ladies' and gentlemen's lounges before and after treatments.
- ❖ This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music, please notify your therapist of any discomforts or preferences. Cell phones are requested to be turned off while visiting The Spa.
- ❖ Please notify your therapist if you have high blood pressure, allergies, any other physical ailments or disabilities, or if you are pregnant. If at any time during your services you experience discomfort, please alert your therapist immediately.

**A Journey of Rejuvenation, Balance & Relaxation**